

Emily Pilowa, LICSW
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EDUCATION:

- **Simmons School of Social Work:** Boston, MA 2008
Major: Masters of Social Work
- **Simmons College:** Boston, MA 2003
Major: Bachelor of Arts in Women's Studies Minor: Psychology

LICENSURE / CERTIFICATION / ADVANCED TRAINING:

- **Eye Movement Desensitization and Reprocessing (EMDR)** 2014
Completion of Level I and Level II
- **Certificate in Assessment and Treatment of Couples:** 2012
Boston University School of Social Work
- **Licensed Independent Clinical Social Worker:** Massachusetts 2010
- **Certified Safer Sex Educator** 2003
Planned Parenthood League of Massachusetts: Springfield, MA

SPEAKING ENGAGEMENTS/ TRAININGS:

NASW Symposium 2014 2014

- Presented "Applying Stages of Change Theory with High Risk Youth"

Phoenix Charter Academy, Chelsea Campus 2013

- Utilizing Motivational Interviewing and Stages of Change in the School Setting;
A training for non-clinical staff

PROFESSIONAL EXPERIENCE:

Private Practice, Emily Pilowa, LICSW: Brookline, MA 2011- current

- Maintain caseload of Adolescents, Adults and Couples

Adjunct Professor, Boston College Graduate School of Social Work: Boston, MA 2013-current

- Teach SCWK8860: Couples Therapy
- Teach SCWK8856: Clinical Practice with Adults
- Teach SCWK7762: Basic Skills in Clinical Social Work Practice

Adjunct Professor, Boston University School of Social Work: Boston, MA 2015- current

- Facilitate online course CP770: Clinical Practice with Individuals
- Facilitate online course CP809: Alcoholism and Drug Abuse

Adjunct Professor, Simmons College Graduate School of Social Work: Boston, MA 2017-current

- Teach SW0582: Attachment, Neurobiology, and Social Work Practice

Consultant/ Group Facilitator, Self Esteem Boston: Boston, MA 2012-2016

- Facilitate Self Esteem groups in recovery programs around Boston.

On Call Clinician, Boston Emergency Services Team: Boston, MA 2011- 2013

- Complete evaluations for clients in crisis at a variety of venues.

Field Instructor, Elizabeth Stone House: Roxbury, MA 2010- 2013

- Meet weekly with MSW Interns for clinical supervision.
- Review process recordings weekly; providing feedback and references to relevant readings.

Clinical Support Consultant, Elizabeth Stone House: Roxbury, MA 2011- 2013

- Facilitated a Boston University Center for Psychiatric Rehabilitation Curriculum for staff and interns focused on clinical skill improvement, intervention strategies, and secondary trauma.

School Clinician, Phoenix Charter Academy: Chelsea, MA 2012-2013

- Met with students to provide IEP counseling/consult as defined in their IEP/504 plans.
- Provided crisis intervention/ consult for students requiring assessment/referrals.
- Trained and supported staff with relevant theory, crisis intervention and assessment tools.

Assistant Director, Just A Start House, Inc: Somerville, MA 2009- 2011

As the Assistant Director:

- Facilitated clinical case review of all cases.
- Made referrals to outside service providers for counseling, legal and immigration services.
- Acted as a liaison with referring agencies including Department of Transitional Assistance, Department of Children and Families, educational and therapeutic programs
- Supervised Case Management staff in weekly one-on-one supervision, in addition to regular monthly Case Management planning meetings. Responsible for preliminary and annual performance evaluations for case management staff.
- Interviewed, hired and trained new members of the team.
- Co-facilitated staff supervision of resident groups; including Expressive Therapy Group, Life Skills Group, House Meeting, Self Care Group and Parenting Group.
- Developed and implemented a long term progressive Secondary Trauma Curriculum for staff in response to staff trauma experiences.
- Provided Clinical Supervision for MSW Interns.
- Oversaw development of Mentor Program and its functions.
- Provided crisis intervention and mediation with residents and staff as needed.
- Acted as liaison with other organizations, businesses, and public; this involved speaking engagements providing training, program information or volunteer/internship opportunities.
- Assisted Director and Assistant Director/ Direct Service Coordinator with writing proposals and funding submissions.

As the Next Step Program Coordinator:

- Created Individualized Service Plans for each resident and held weekly meeting with clients.
- Worked one-on-one and in groups with all the families to teach and role model parenting skills and alternative discipline methods, time management skills, self-advocacy skills and life skills.
- Provided referrals to and assistance in accessing appropriate support services; acted as a liaison with providers and maintained ongoing contact and follow-up.
- Assisted residents in securing permanent housing. This includes working with Housing Authorities, housing search workers and landlords. Coordinated property maintenance.

Clinician, Brookline Community Mental Health Center: Brookline, MA 2008- 2011

- As a clinical associate maintained complete client load from internship experience.
- Expanded already diverse caseload to include additional elderly clients, teenage clients, pre-adolescent clients, individual adults, families and couples.

CLINICAL INTERNSHIP:

Clinician, The Brookline Community Mental Health Center: Brookline, MA 2007- 2008

- Maintained diverse caseload of outpatient mental health clients with substance abuse issues, teenage clients, pre-adolescent clients, individual adults, families and couples.
- Worked with multiple teams of providers to coordinate patient care and service delivery.
- Worked with families in the community; collaborating with schools and other service agencies, supporting clients in medical appointments and conducting home visits.
- Participated in crisis interventions and mediations as necessary.

MSW Groups Intern, The Elizabeth Stone House: Jamaica Plain, MA 2006- 2007

- As a therapeutic groups intern, facilitated a number of residential and non-residential groups; including Women’s Group, Parenting Group, Domestic Violence Support Group, Relapse Prevention Group, Nurturing Group, House Meeting and Morning Planning Meeting.
- Provided crisis intervention within the group and provided individual support before, during and after the group’s meeting time.

Direct Service Intern, The Elizabeth Stone House: Jamaica Plain, MA 2002- 2003

PRE-MASTERS AND RELATED EXPERIENCE:

Hotline Coordinator, The Elizabeth Stone House: Jamaica Plain, MA 2003- 2007

COMMITTEES:

Boston Initiative to Advance Human Rights: Boston, MA 2011

Oversight Committee Member for “Fighting Trafficking Through Film” Festival

COMMUNITY SERVICE:

Pathways Home: Seattle, WA 2006- 2008

Rosie’s Place: Boston, MA 2007- 2007

Vera House: Syracuse, NY 1997- 1998

PROFESSIONAL MEMBERSHIPS:

NASW member 2005-current